

From: [HAROLD CANTONWINE](#)
To: [City Council and Mayor](#)
Subject: Pending severing agreement between Green Hills Pool and Ames Park and Recreation
Date: Friday, October 21, 2022 12:45:27 PM

[External Email]

To Mr. Mayor and members of the City Council,

I am a member of one of the aqua exercise classes sponsored by Ames Parks and Recreation at the Green Hills Retirement facility. There are 2-3 classes held each weekday at this facility. The classes are capped at 10 persons per session and are generally full. Approximately upwards to 100 people take advantage of these classes and most are senior citizens. Forker Pool on the ISU campus is the only other pool available for this type of activity and it is offered only at 7:00 am.

The advantage of the Green Hills facility is that the pool water is warmed, there are several time options, the exercise, while at times strenuous, is doable for arthritic bodies because of the weightlessness the water offers, and the exercises can be adapted for the comfort of the participants.

My understanding is that although we have been enjoying these classes for 10 years, it has been brought to the attention of the State of Iowa that this type of arrangement is somehow not in compliance with state standards.

Even though this is a problem that will involve Green Hills and the State, it is hoped the council may be able to offer some assistance or support to Ames Parks and Recreation and Green Hills as they work towards a solution.

Thank you for whatever time and attention you can offer.

Sincerely,

Karen Cantonwine - class member

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