

COUNCIL ACTION FORM

SUBJECT: **ADDITIONAL FUNDING FOR MENTAL HEALTH WELLNESS, RECOVERY, AND RESILIENCY INITIATIVE**

BACKGROUND:

At its April 27, 2021, Council approved directing staff to develop an initiative supporting Mental Health Wellness, Recovery, and Resiliency. The purpose of the initiative was to raise awareness and support mental health needs in our community by providing opportunities that offered education, training, and resources. The initiative included partnerships with Iowa State University and local mental health and disability agencies.

The initiative spanned from May – September with the following opportunities offered to the community:

Program/Training	Date(s)	Number of Participants
Public Forum and Resource Experts	May 20, 2021	50 (in-person and virtual)
Mental Health First Aid Training (1 day-long session)	June 29, 2021	20 (in-person only)
Mental Health First Aid Training (2-half day sessions)	July 26 and 27, 2021	31 (in-person only)
Mental Health First Aid Training (2-half day sessions)	August 25 and 26, 2021	63 (in-person only)

Council approved up to \$5,000 from Council Contingency Account to help cover costs associated with education and training offerings (workbooks, trainer fees, advertising, supplies, etc.) and directed staff to come back to Council to request additional funds, should they be needed. We do have a need for additional funding in the amount of \$421 based on the large attendance experienced at the First Aid Mental Health Training held in August 2021.

ALTERNATIVES:

1. Approve \$421 in additional funding from Council Contingency Account for the Mental Health Wellness, Recovery, and Resiliency initiative.
2. Approve additional funding for the Mental Health Wellness, Recovery, and Resiliency initiative from some other City funding source.

CITY MANAGER'S RECOMMENDED ACTION:

Based on the feedback received from participants, the Mental Health Wellness, Recovery, and Resiliency initiative was a success. Therefore, it is the recommendation of the City Manager that City Council approve Alternative No. 1, thereby approving additional funding in the amount of \$451 from Council Contingency Account, as described above.