

## Staff Report

**HEALTHY LIFE CENTER**

December 13, 2016

**BACKGROUND:**

One of the objectives under the City Council's goal to "Encourage Healthy Lifestyles" is for the City Manager to participate in discussions with the exploratory group that was created to examine the feasibility of a new healthy life center. Towards this end, the City Manager has been involved in planning meetings with this group since February 2016. At a workshop on November 1, 2016, the planning group presented a very basic concept plan to the City Council, Heartland Board, Story County Board, and MGMC Board.

The planning group is seeking to create a "one of a kind center that makes the life-long goal of healthy living accessible and enjoyable to people of all ages and socio-economic status." The intent is to integrate physical activity, health and nutrition, social networking, education, and research into one complex. **In order to meet this vision, the group is asking that the City's proposed indoor aquatics center be located in this facility.**

**COUNCIL DIRECTION REQUESTED:**

As is traditionally the case, no decisions were made at the workshop. Therefore, this item is being placed on the December 13, 2016 agenda so that the City Council can give direction regarding the following four issues related to the future of the proposed Healthy Life Center.

**Issue 1 – Continued Participation?**

**After learning more about what is being proposed, does the City Council want to continue to devote staff time to work on finalizing the specific details for creating a Healthy Life Center?**

**Issue 2 - Ownership?**

**Does the City Council agree with the recommendation that if the Healthy Life Center is built, it should be owned by the City?**

**Issue 3 - Management?**

**Does the City Council agree with the recommendation that if the Healthy Life Center is built, it should be managed by the City?**

**Issue 4 – Expend City Funds For A Feasibility Study?**

**Is the City Council willing to appropriate \$100,000 in the FY 16/17 budget from the General Fund available balance to pay for a feasibility study to determine if we should proceed with this facility?**